

Barren River RUNDOWN

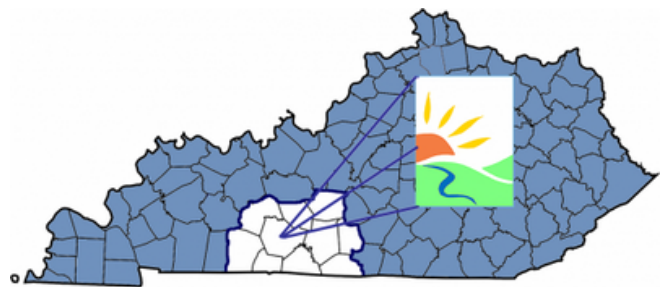
April 2025

- Child Abuse Prevention
- Continuing Education
- Upcoming Meetings
- Annual Report/CHIP
- Flood Preparedness
- March Snapshots
- Employee Spotlight
- Holiday Schedule
- Committees
- Word Search

CON TENTS

Have articles or information you'd like to submit for the rundown?

Email Olivia at
olivia.mcgee@barrenriverhealth.org



Barren River
DISTRICT HEALTH DEPARTMENT



Child Abuse

PREVENTION MONTH

"How can I help prevent child abuse?"



Be a nurturing parent.

Help a friend, neighbor, or relative so they can rest.

Don't take your anger/stress out on children.

Never shake a baby if they cry.

Get involved to help families be healthy.

Help develop parenting resources.

Reduce child's consumption of violent media.

Report suspected abuse or neglect.

If you'd like to learn more about preventing child abuse and how to help families thrive, visit Prevent Child Abuse America's website for resources and information —

<https://preventchildabuse.org/>

Upcoming

MEETINGS!

“

Barren River
DISTRICT HEALTH DEPARTMENT



Barren Co. Board of Health
April 8th, 2025
12PM, Barren Co. HD

”

“

 **BRIGHT**
Coalition

May 6th
11:30AM to 1PM
Warren Co. HD

”

Continuing Education

SPOTLIGHT

If you're looking to grow in your knowledge of public health, sharpen your skills or simply stay informed on public health news,

subscribe to Public Health Foundation!

PHF's mission is "to advance the public health workforce to achieve organizational excellence."



Click logo to visit their site!

Fun Fact: PHF created the TRAIN Learning Network BRDHD utilizes!

ANNUAL REPORT IS COMING SOON!



The "Annual Report" is a check-up to see if BRDHD is reaching its accreditation requirements. Contributing to the Annual Report will make reaccreditation less stressful and instill your department with confidence when BRDHD seeks reaccreditation in 2026!

[Be on the lookout for emails from Amanda R. regarding the Annual Report.](#) Allow yourself plenty of time to respond to any questions she may have, regarding your department-specific accreditation requirements.

LOOK OUT FOR

the CHIP!

Thank you to everyone who completed and/or promoted the Community Health Assessment (CHA)!

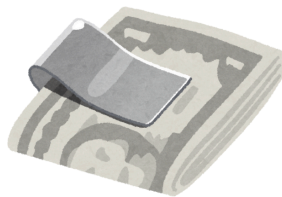
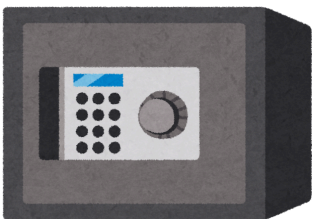
Stay tuned this month for the Community Health Improvement Plan, which offers solutions to the needs found from the CHA!

Disaster **PREPAREDNESS**

March is Financial Capability Month *Information from Ready.gov*

“Americans at all income levels have experienced the challenges of rebuilding their lives after a disaster or other emergency. In these stressful times, having access to personal financial, insurance, medical and other records is crucial for starting the recovery process quickly and efficiently.”

1. Gather financial and critical personal, household and medical information.
2. Consider saving money in an emergency savings account that could be used in any crisis. Keep a small amount of cash at home in a safe place. It is important to have small bills on hand because ATMs and credit cards may not work during a disaster when you need to purchase necessary supplies, fuel or food.
3. Obtain property (homeowners or renters), health and life insurance if you do not have them. Not all insurance policies are the same. Review your policy to make sure the amount and types of coverage you have meets the requirements for all possible hazards. Homeowners insurance does not typically cover flooding, so you may need to purchase flood insurance from the National Flood Insurance Program.
4. For more helpful financial preparedness tips, download the Emergency Financial First Aid Kit (EFFAK) to get started planning today.



[Click here for more information about being financially prepared!](#)

March SNAPSHOTS



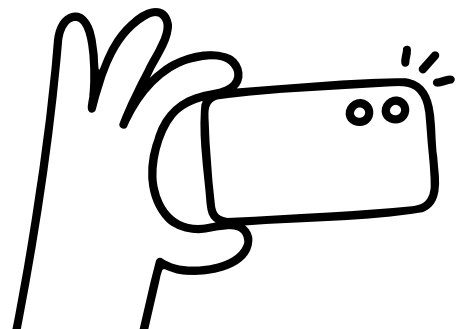
Samantha H., Kathy T., Caitlin M., Brian R., Leeann H., Olivia M., Selina B., Lana M., Bethany K., Ava S., India M., Emily B., Chelsey L., Amanda R., and Ashli M. at the Annual KPHA Conference!



Matt H. presenting Janarae C. with the KPHA Commissioner's Award for Public Health Emergency Preparedness and Response! Congrats, Janarae!



Stephanie S. and Rebecca T. at the Butler County Stockman's meeting to give Tdap vaccines to local farmers, in partnership with WKU.



Employee **SPOTLIGHT**

Brittany M.

This month's spotlight is Brittany, from our HANDS team! Brittany is passionate about helping new families thrive as their children grow and supporting them in any way she can, either by connecting them to resources or lending a listening ear. Her enthusiasm is encouraging to her team, the health department and the families she serves. Next time you see Brittany, tell her, "You're the best!" Her hard work is very much appreciated at BRDHD.



Brittany M.

**New
nominations for
employee
spotlight are
currently OPEN!**



Holiday **SCHEDULE 2025**

Jan. 20 - Martin Luther King Jr. Birthday

Apr. 18 - Good Friday (half day)

May 26 - Memorial Day

July 4 - Independence Day

Sept. 1 - Labor Day

Nov. 11 - Veterans Day

Nov. 27-28 - Thanksgiving

Dec. 25-26 - Christmas

Jan. 1-2 - New Year's Day

new
FACES!



Kelli A.M.
Dental Hygienist
District



Saul V.
CD Team Nurse
District

COMMITTEES

For more opportunities to work across branch and county lines, all staff are encouraged to join a committee!

Wellness - Contact Kathy T.

- Wellness Works
- Encourage healthy behaviors for staff
- Promote insurance perks

Safety - Contact Mike B.

- Incident review
- Ergonomics
- Building safety
- Identify needed trainings and support

Social - Contact Olivia M.

- Birthdays
- Special events
- District-wide meeting activities
- Explore ways for staff to connect

Retention - Contact Kim F.

- Explore ways to improve employee satisfaction
- Incentives, acknowledgement, etc.
- Identify needed trainings and support

Workplace Culture

- Contact Amanda R.

- Promote respect and belonging
- Support positive culture initiatives
- Encourage open communication
- Use data to drive improvements

Disaster Prep - Contact Janarae C.

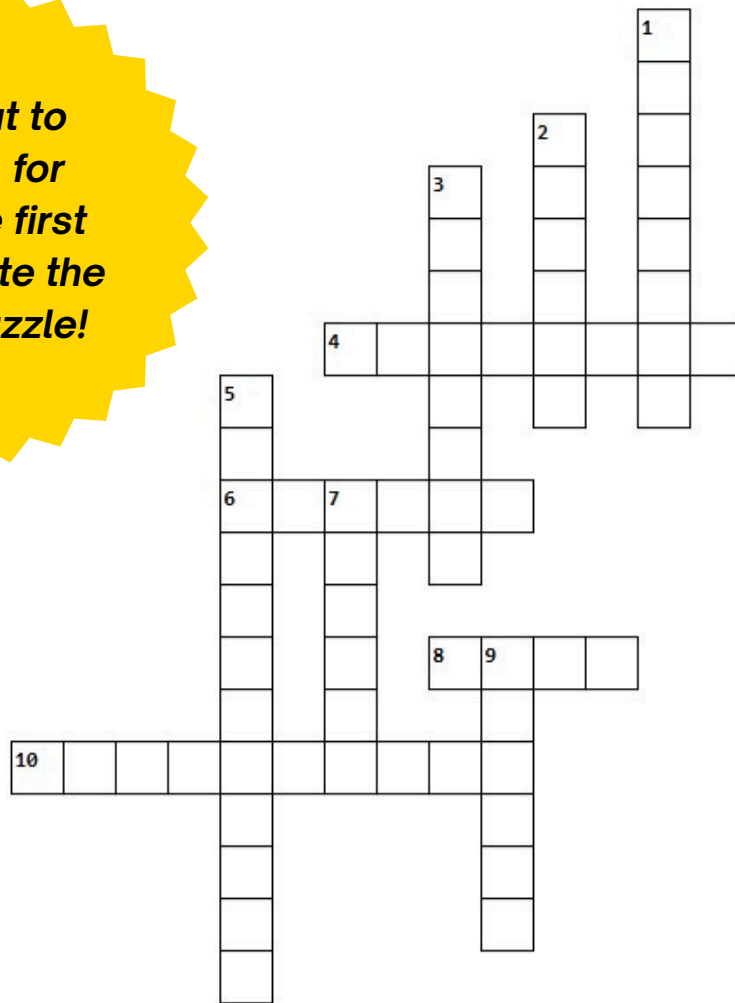
- Review, update and give input on preparedness plans
- Support accreditation (PPHR)
- Promote drills and update trainings
- Identify needed trainings and support



CROSSWORD PUZZLE

The first to complete and submit the puzzle to Olivia M.
will receive a treat!

*Shoutout to
Diana C. for
being the first
to complete the
March puzzle!*



CLUES

Across

4. Homeowners insurance does not typically cover ____.
6. The next board of health meeting is in which county?
8. Keep this at home in safe place because ATMs and credit cards may not work during a disaster when you need to purchase necessary items.
10. April is Child Abuse _____ Month.

Down

1. This month's employee spotlight from the HANDS team.
2. Look out for emails from ____ regarding the Annual Report.
3. Get _____ to help families be healthy.
5. Subscribe to ____ ____ Foundation to stay informed on public health news.
7. ____ suspected abuse or neglect.
9. The ____ Report is a check-up to see if BRDHD is reaching its accreditation requirements.