

# BARREN RIVER RUNDOWN

April 2023

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## April is Child Abuse Prevention Month!

In 2021, over 21,000 reports of maltreatment occurred with Kentucky children. Nearly 75% of those children were classified as neglected, or **"the failure of a parent or other person with responsibility for the child to provide needed food, clothing, shelter, medical care, or supervision to the degree that the child's health, safety, and well-being are threatened with harm"** (Children's Bureau, 2022). 17% of those children were physically assaulted, 8% sexually abused and 1% emotionally abused.

## How can you help prevent child abuse?

**Be a nurturing parent.**

**Help a friend, neighbor, or relative so they can rest.**

**Don't take your anger/stress out on children.**

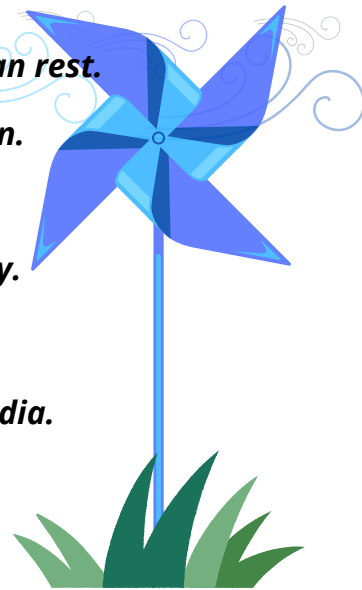
**Never shake a baby if they cry.**

**Get involved to help families be healthy.**

**Help develop parenting resources.**

**Reduce child's consumption of violent media.**

**Report suspected abuse or neglect.**



**[CLICK HERE TO REQUEST CHILD ABUSE PREVENTION RESOURCES!](#)**

**It's not just *luck!***

**Make sure you are prepared.**

- Know your risk for the area where you live and work.
- Make a plan to lessen the impact of those risks.
- Build a kit to be ready for disasters and emergencies.



**Barren River**  
DISTRICT HEALTH DEPARTMENT 

Please submit articles for the newsletter to Olivia Harden at [olivia.harden@barrenriverhealth.org](mailto:olivia.harden@barrenriverhealth.org)  
Submissions will be reviewed for approval.

# DISASTER PREPAREDNESS

## NOTES

*Thank you to everyone who participated in the tornado drill. We had a total of 107 people (employees, clients and visitors) reported as participating. Hopefully, our new employees learned where to go and what to do. Several of you filled out the feedback survey with some great suggestions. We will be reviewing those to see which ones we can do. One is to please check the batteries in all the weather radios. We did have some reported as not sounding the alert. Crystal and I will be coming by to check on them or asking the County Emergency Managers to check them.*

*Preparedness has thousands of KN95s that were recently donated. If you would like some, please contact Janarae Conway or Crystal Kingrey. The masks are packaged in 10 or 20 masks per bag. Some we have not found the expiration dates on. Others expire at the end of March or April.*

**-JANARAE CONWAY**  
DISASTER PREPAREDNESS BRANCH  
270-781-8039 EXT. 155

## BE SEVERE WEATHER READY!

**Step 1: Put a plan together by discussing the questions below with your family, friends or household to start your emergency plan.**

**Step 2: Consider specific needs in your household.**

As you prepare your plan tailor your plans and supplies to your specific daily living needs and responsibilities. Discuss your needs and responsibilities and how people in the network can assist each other with communication, care of children, business, pets or specific needs like operating medical equipment. Create your own personal network for specific areas where you need assistance. Keep in mind some these factors when developing your plan:

- Different ages of members within your household
- Responsibilities for assisting others
- Locations frequented
- Dietary needs
- Medical needs including prescriptions and equipment

- Disabilities or access and functional needs including devices and equipment
- Languages spoken
- Cultural and religious considerations
- Pets or service animals
- Households with school-aged children

**Step 3: Create a Family Emergency Plan**

Write it down! Make sure everyone goes over it!

**Step 4: Practice your plan with your family/household.**

Practice several times!

*If there was one extreme weather preparedness action you want your loved ones to take, what would it be? For many, that one action is to know ahead of time where their safe place is located.*

*On **April 5th**, take a selfie and post with the hashtag **#SafePlaceSelfie** to promote severe weather awareness!*



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## Every parent needs a second pair of HANDS!



### **HANDS is accepting new referrals.**

Contact [Tammy.Drake@barrenriverhealth.org](mailto:Tammy.Drake@barrenriverhealth.org)  
to learn more about the HANDS Program.

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## **BRDHD Job Openings**

### **MNT NUTRITIONIST I**

This position will be based in Bowling Green, but will serve all eight counties (Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Simpson and Warren). The minimum hourly wage is \$21.52. Must be a Registered Dietitian (RD).

### **PUBLIC HEALTH NURSE I**

This position will be based in Bowling Green, but will serve all eight counties (Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Simpson and Warren). The minimum hourly wage is \$21.31. The minimum requirement is an Associate degree or diploma in nursing from an accredited college, university, or school of nursing.

### **TECHNICAL CONSULTANT**

This position will serve as the agency's public health accreditation coordinator. The minimum hourly wage is \$24.18. The minimum educational requirement is an Associate degree in Public Health, Community Health, Business or Public Administration or health related field.

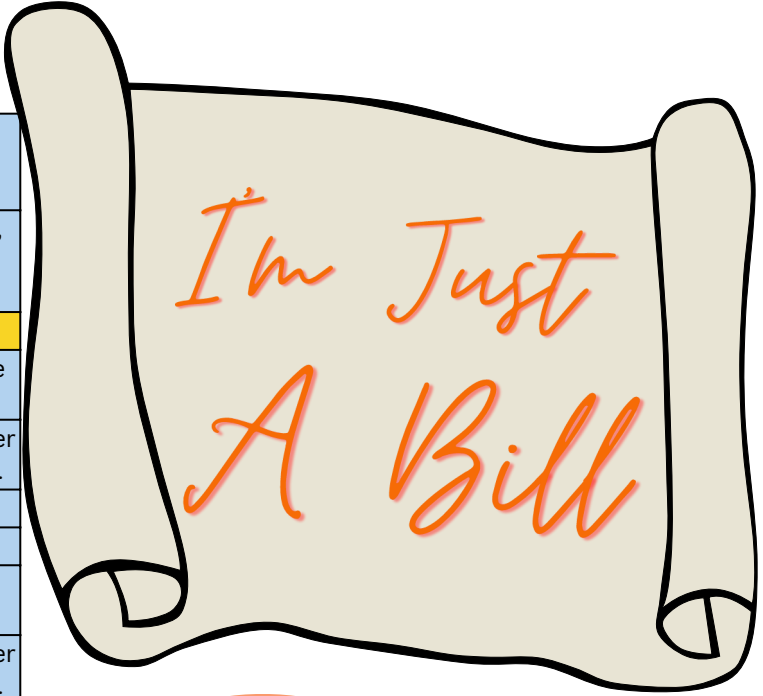
***Email Haley Hines if interested.***

Bill Name	Description
HB 2	AN ACT relating to the Bowling Green Veterans Center, making an appropriation therefor, and declaring an emergency.
SB 12	AN ACT relating to physician wellness programs.
SB 13	AN ACT relating to nonsubstantive review of certificate of need.
HB16	AN ACT relating to health care to provide for an all-payer claims database and making an appropriation therefor.
SB 26	AN ACT relating to the licensure of health facilities.
SB 29	AN ACT relating to the Medicaid program.
HB 31	AN ACT relating to student COVID-19 vaccine requirements.
SB 38	AN ACT relating to health care to provide for an all-payer claims database and making an appropriation therefor.
SB 42	AN ACT relating to the state employee health plan.
SB 43	AN ACT relating to relating to essential caregivers and declaring an emergency.
HB 42	AN ACT relating to individuals with intellectual and developmental disabilities.
SB 47	AN ACT relating to medicinal cannabis.
HB 51	AN ACT relating to patient medical records.
HB 57	AN ACT relating to the right to refuse medical treatment.
HB 58	AN ACT relating to protecting the exercise of medical ethics within the medical profession.
HB 66	AN ACT relating to public utilities.
HB 67	AN ACT relating to health benefit coverage of chronic pain treatments.
HB 68	AN ACT relating to coverage for injectable epinephrine devices.
HB 74	AN ACT relating to water fluoridation programs.
HB 98	AN ACT relating to controlled substances.
HB 101	AN ACT relating to student COVID-19 vaccine requirements.
HB107	AN ACT relating to medicinal cannabis and making an appropriation therefor.
HB 108	AN ACT relating to the Advanced Practice Registered Nurse Compact.
HB 110	AN ACT relating to immunization exceptions.
HB 120	AN ACT relating to children's health.
HB 125	AN ACT relating to public health.
HB 129	AN ACT relating to freestanding birthing centers.
HB 134	AN ACT relating to prior authorization.
HB 137	AN ACT relating to immunization policy.
HB 140	AN ACT proposing to create a new section of the Constitution of Kentucky relating to the environment.
SB 150	AN ACT relating to rights in public schools.

**NEW!**

Vetoed by Gov. Andy Beshear. Overridden by legislature.

**Yellow boxes were signed by the governor.**



**HB 21**  
Would help unhoused people get their license/ID card.

Reported favorably.

Cleared in committee, in Appropriations & Revenue.

**SB 55**  
Would make feminine hygiene products free at public schools.

**SB 59**  
Would no longer consider fentanyl testing strips paraphernalia.

Cleared in committee, now in Health Services.



**Click here to make a KY Bill Watch account!**



# MARCH SNAPSHOTS



Med Center Health Adult Day Center clients plant a vegetable and herb garden with the BRIGHT Coalition's mini grant! Jeanna Phelps, Barbara Cruse, Cally Stuart and Samantha Hamilton aided in planting the garden (March 27th, 2023).



Barbara Cruse and Tammy Thompson show their spirit for St. Patrick's Day! (March 17th, 2023).



Cheyenne Mansfield at Cumberland Trace Elementary educating about the importance of nutrition and mental health!

## NEW FACE!



**Dylan Asher**  
Health Environmentalist  
Warren County

**Do you have pictures from health department or wellness-related events this month?**

Email Olivia at [olivia.harden@barrenriverhealth.org](mailto:olivia.harden@barrenriverhealth.org)!

# EMPLOYEE SPOTLIGHT

## Samantha Hamilton



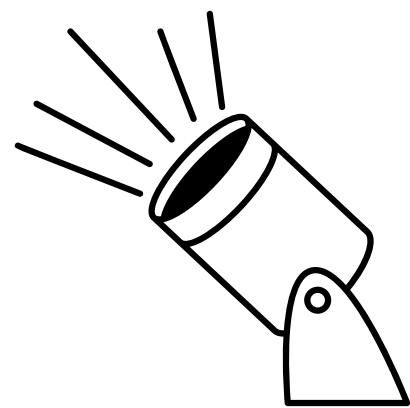
SAMANTHA!

Samantha is a valuable part of the population health team in Warren County! Despite her busy schedule, she is always willing to lend a hand to a coworker or community partner. Next time you see Samantha, tell her "You rock!" Her hard work is very much appreciated at BRDHD.



***Want to nominate a coworker for employee spotlight?***

*Email Olivia at [olivia.harden@barrenriverhealth.org](mailto:olivia.harden@barrenriverhealth.org) !*





# COMMITTEES

For more opportunities to work across branch and county lines, all staff are encouraged to join a committee!

## WELLNESS - CONTACT KATHY THWEATT

- Wellness Works
- Encourage healthy behaviors for staff
- Promote insurance perks

## SAFETY - CONTACT MIKE BAXTER

- Incident review
- Ergonomics
- Building safety
- Identify needed trainings and support

## SOCIAL - CONTACT OLIVIA HARDEN

- Birthdays
- Special events
- District-Wide meeting activities
- Explore ways for staff to connect

## RETENTION - CONTACT KIM FLORA

- Explore ways to improve employee satisfaction
- Incentives, acknowledgement, etc.
- Identify needed trainings and support

## EQUITY - CONTACT INDIA MARTINEZ

- Promote ways to reach vulnerable populations
- Spread details of important community events
- Identify opportunities for equity within our policies and processes

## QUALITY IMPROVEMENT - CONTACT SUSIE WILLIS

- Identify and work on agency-wide QI projects
- Learn new QI tools
- Spread the word about QI and current projects
- Teach new processes
- Identify needed trainings and support

## DISASTER PREP - CONTACT JANARAE CONWAY

- Review, update and give input on preparedness plans
- Support accreditation (PPHR)
- Promote drills and update trainings
- Identify needed trainings and support



# QI SPOTLIGHT!

## REQUESTING AND RECEIVING MEDICAL CHARTS

Identified problem with  
lost, duplicate or missing  
medical charts.

Automated request  
and return  
process thru RedCap.

Multiple tests were  
performed to test new  
system.

Trained current employees  
on new process!

**IS THERE AN  
IMPROVEMENT YOU  
WANT TO SEE AT  
BRDHD? SUBMIT A QI  
PROJECT FORM!**

**SUBMIT**





**District  
Board of Health**

**May 15th  
at  
6pm**

**Local Board of Health**

**Butler: Apr. 14th at 12pm  
Logan: May 18th at 12pm  
Metcalf: May 9th at 12pm  
Simpson: May 11th at 12pm  
Warren: Apr. 10th at 5pm**

**BRIGHT Coalition**

**Apr. 11th  
at  
11:30 am**

# UPCOMING MEETINGS!

## *National Public Health Week!*

**BRASS Speaker  
Tuesday, Apr. 4th**

10 AM, 2nd Floor Conference  
Room, District  
[GoTo Link Here](#)

*Learn about the issue of  
domestic violence in our area  
and how we can help.*

**Meditation Class  
Thursday, Apr. 6th**

11 AM, 1st Floor Conference  
Room, District  
[GoTo Link Here](#)


*Come start your day right with a  
meditation class! Techniques  
and a guided meditation  
provided.*

**Farmer's Market  
Pop-Up**

**Friday, Apr. 7th**

12-2 PM, District front lawn

*RAFFLE TICKETS - \$10. Stay  
tuned for items included. Any  
BRDHD employee can purchase  
raffle tickets.*

Have you seen this year's  
**Community Impact Report?**   
**CLICK HERE!**

Follow BRDHD on social media!



**Barren River**  
DISTRICT HEALTH DEPARTMENT 

**Click here to visit  
our website**



Please submit articles for the newsletter to Olivia Harden at [Olivia.Harden@barrenriverhealth.org](mailto:Olivia.Harden@barrenriverhealth.org)  
Submissions will be reviewed for approval.